

Newsletter

2026 Issue 3
April to June 2026

Y Run: Moving and connecting together for a greater cause







As a fitting way to the end of spring, on May 30, 2026 the spirit of community was on full display as running enthusiasts gathered at the Moncton North YMCA on Twin Oaks Drive for Y Run.

The cold morning air did not deter the enthusiasm of over a hundred participants who laced up their sneakers for the 5-kilometer event, designed to bring people of all ages together in celebration of wellness, connection, and creating impact. Families and friends cheered each other on as Alec Rozsnaki, YMCA Senior Director for Development and Philanthropy gave the "Go signal" following his welcome remarks.

Collaboratively organized by the YMCA's Fitness and Philanthropy departments and supported by DR Docusafe, the event offered something for everyone. Runners and walkers alike took in the scenic surrounding views with a route along the nearby Northwest Trail before making their triumphant return to the finish line, where a well-earned finisher's medals awaited them.

Beyond the fitness and fun, the day also presented attendees with an opportunity to give back to the community. Through a "give-what-you-can" fundraising drive, participants stepped up to give back, with every donation going to the YMCA's ongoing community initiatives and outreach efforts. A morning truly highlighted what makes Greater Moncton so special; coming together to build a healthier, stronger, and more connected community for all.

Responding with Care: ReConnect and YRAD on the Front Lines



Behind every number is a person, a moment of crisis, and a team ready to respond with care.

From **May 29 to August 1, 2026**, our ReConnect and **YMCA ReConnect Alternative Dispatch (YRAD)** teams responded to 238 overdoses in our community. This staggering number reflects the seriousness of the overdose crisis in Greater Moncton and the critical importance of having compassionate, trained staff available when people need support the most.

YRAD provides a 24/7, non-enforcement response to community needs related to homelessness, substance use, mental health, and social distress. Through its round-the-clock presence at the Hub Yard and mobile outreach, the team is able to respond to overdoses, distribute naloxone and other harm reduction supplies, monitor individuals who may be at increased risk, provide emotional support, and connect people with healthcare, addiction services, and other community resources.

The need for this work is significant. During the second quarter of 2026 alone, **YRAD provided 5,035 services to 490 unique individuals, with 2,559 harm reduction services representing the largest area of support delivered by the team.**

But the impact of this work cannot be measured by numbers alone. It is found in the relationships built, the trust earned, and the moments when someone experiencing crisis knows there is a person there to help without judgment.

To our dedicated ReConnect and YRAD staff: Thank you!
Thank you for your heart to serve our community, for showing compassion during incredibly difficult moments, and for continuing to meet people where they are with dignity and care. Your work is challenging, meaningful, and an important part of building a safer and more connected Greater Moncton.

Shine On Greater Moncton

Newsletter

April to June 2026

Anchored in Giving: YMCA of Greater Moncton at NAYDO 2026



This May, a delegation from the YMCA of Greater Moncton travelled to Long Beach, California, for the 2026 North American YMCA Development Organization (NAYDO) Conference on YMCA Philanthropy, joining YMCA staff and volunteers from across North America for several days of learning, connection and collaboration.

Held from May 6 to 9 under the theme **"Anchored in Giving**," the conference explored donor and community engagement, storytelling, leadership, fundraising and communications, while reinforcing how every area of the YMCA can contribute to a strong culture of philanthropy.

Representing the YMCA of Greater Moncton were Board Chair Darcy Doyle; former CEO Zane Korytko; Senior Vice President, Development Trevor MacDougall; Vice President, Child and Youth Services April Morton; Senior Director, Fund Development and Philanthropy Alec Rozsnaki; and Marketing Coordinator Eilleen Navarro.

With representatives from governance, leadership, programs, philanthropy and communications, our delegation brought home perspectives from across the YMCA movement. A particularly relevant conversation focused on Canada's Shine On journey and how a unified YMCA brand can help us more clearly share our impact and connect our programs, people and stories to our charitable mission.

NAYDO 2026 was an opportunity to learn from other YMCAs, build meaningful connections and bring new ideas home to Greater Moncton. It was also a reminder that while every YMCA serves the unique needs of its community, we are part of a larger movement working toward a shared purpose.

By continuing to learn from one another, we can strengthen community connections, inspire generosity and create more opportunities for people to belong, grow and Shine On.

ECE Week: Celebrating Heart, Passion, and Purpose



The YMCA of Greater Moncton spent Early Learning and Child Care Week shining a well-deserved spotlight on our incredible Early Childhood Educators (ECEs) and support staff, honoring their tireless dedication, heart, and hard work.

Observed in YMCAs across Canada, ECE Week served a time to pause and recognize the profound impact educators have on young lives. Day in and day out, ECEs bring deep expertise, creativity, and care into their classrooms. They also create welcoming, inclusive spaces where kids from all backgrounds can play, learn, discover new passions, and feel like they belong.

To make sure the team felt celebrated all week long, April Morton, VP of Child & Youth Services, alongside her leadership team, put together a week of special surprises. Staff were gifted custom "Shine On" swag—with cozy hoodies and notebooks—and was given the spotlight through daily highlight posts across the Y's social media channels.

The sweetest moments of the week, however, came directly from the families we serve. With a little help from their parents, children showered their educators with handmade cards, sweet treats, and glowing words of thanks. A dedicated "Thank You Wall" was also filled with touching notes of appreciation, serving as a daily reminder of just how much these educators mean to our community.

Celebrating Youth Week at the Y

From May 1–8, the YMCA of Greater Moncton celebrated Youth Week in partnership with the City of Moncton, offering youth ages 12–18 opportunities to connect, get active, and have fun.

From creative activities at Tween Zone to discounted Youth Day Passes and an exciting Laser Tag Night with support from Marco's Laser Tag, the week was all about celebrating local youth.

That commitment continues year-round through YMCA programs like Youth Connections, Youth Transitions, and Be You, creating safe and welcoming spaces where young people can connect, find support, and be themselves.



Upcoming Events and Activities

September

Suicide Prevention Month

5 - International Day of Charity
7 - **Labour Day (Open 9am to 5PM Both Facilities**
10 - World Suicide Prevention Day
23 - International Day of Sign Languages
30 - National Day for Truth and Reconciliation / Orange Shirt Day



October

Women's History Month
Canadian Islamic History Month
Latin America Heritage Month

1 - National Seniors Day
4 - ALL BODIES SWIM (3:30 to 5:30pm)
10 - World Mental Health Day
12 - Thanksgiving Day
20 - 21 - Yom Kippur
31- Halloween



YMCA BE YOU HOSTS GLOW PRIDE PROM FOR LOCAL 2SLGBTQIA+ YOUTH

The YMCA of Greater Moncton hosted its GLOW Pride Prom last May, providing 2SLGBTQIA+ youth and allies a safe, welcoming, and vibrant space to celebrate the end of another school year. Attendees dressed in their most expressive prom attire, enjoying an evening complete with a refreshments, snacks, a photo area, plus a curated set by DJ Loverboy. The event gave local youth a fantastic opportunity to dance, mingle, and build friendships.

The GLOW Pride Prom is part of the YMCA Be You program's ongoing commitment to advocating for inclusive, empowering, and safe spaces for 2SLGBTQIA+ youth and allies in our community.

This unforgettable evening was made possible thanks to the generous support of the City of Moncton, Fusion Events, and DJ Loverboy.

