

Job Title: Exercise Specialist

Position Type: Full Time salaried @ 40 hours/week

Salary Range: Minimum salary of \$35,000 annually

Position Overview: Reporting to the Director of Fitness Centre, this position is responsible for supervision of activities and services occurring in the Fitness Centre and Group Fitness as required. This position will be for both the Downtown and North End facilities.

Duties

- Understand, promote, and participate in YMCA philanthropic activities and events.
- Provide fitness centre supervision and act as a host
- Lead fitness programs, consultations, orientations, and personal training services
- Lead and facilitate group fitness activities, sports, and recreation programs as needed
- Problem solve, keep statistics, and conduct facility checks
- Conduct regular checks of cleaning and maintaining of equipment
- Help promote programs and activities
- Other duties as required

Skills & Qualifications

- A criminal record check and vulnerable sector check are required as a condition of employment.
- Standard First Aid and Basic Rescuer CPR
- Personal Trainer certification from YMCA (or equivalent).
- Kinesiology or Health and Fitness related degree or diploma
- Group Fitness Instructor certification from YMCA (or equivalent)
- Experience in a supervisory role and leading a team
- Excellent customer service skills
- Must have basic computer skills
- Bilingualism (French and English) an asset.

Competencies

- Coaching & Development
- Commitment to Organization vision and values
- Problem Solving
- Quality Focus
- Relationship Building and Collaboration

If you would like to work in a family friendly environment, send us your cover letter and resume by email to the attention of:

Francisco Lopez
Health and Fitness
Director

Francisco.lopez@ymcamoncton.ca

Application deadline: July 31, 2026

We thank all candidates for their interest, however, only those selected for an interview will be contacted.

About us

At the **YMCA of Greater Moncton**, we believe in creating spaces where everyone feels welcome, supported, and empowered to shine in their own way. As a charitable organization, we've been building healthy, vibrant, and connected communities since 1870—offering programs that inspire people of all ages, abilities, and backgrounds to grow stronger in body, mind, and spirit.

We've come a long way in 150+ years! In 2020, we proudly celebrated our milestone anniversary *and* expanded our reach with a new satellite location in Moncton's North End—bringing even more opportunities to connect, belong, and thrive.

Why Join the YMCA?

When you work at the Y, you're not just starting a job—you're stepping into something bigger. You become part of a purpose-driven team, helping children, youth, adults, and families unlock their full potential. Every role at the YMCA makes an impact. Whether you're leading programs, supporting behind the scenes, or welcoming members at the front desk, your work helps light the way for others.

Be the spark that inspires change.
Be the spark that lifts up your community.
Be the spark that helps others shine.