

A WEEKEND TO **REMEMBER AT** THE Y!

What an incredible weekend at our YMCA! Our 2025 Open House, held August 23 at the North End YMCA and August 24 at the Vaughan Harvey YMCA, was a resounding success, welcoming more than 1,000 participants over two days and surpassing last year's numbers. The excitement and energy were a true reflection of our new campaign, Greater Together—reminding us that when we come together, we are stronger, braver, and bolder.



In photo: Jenna Morton of Pickle Planet, one of our Giveaway Sponsors

GROWING TOGETHER: YMCA COMMUNITY GARDEN

This summer, our **YMCA Community Garden** flourished thanks to the dedication of our staff, volunteers and members.



Fresh vegetables and herbs were grown and shared by participants, promoting healthy living and connection. Special thanks to René, whose passion and care have helped the garden thrive season after season. This year's Open House was filled with fun for the whole family! Families enjoyed activities such as Foam Party at the splash pad on Saturday, a meet and greet with the Moncton Wildcats' Wild Willie on Sunday, and a farm animal petting zoo on both days. Children also had a blast with the bouncy castle, music, lobby games, and hands-on activities throughout the weekend.

Alongside these exciting programs, the event featured 26 information tables, engaging activities, generous raffle prizes, and giveaways.

Together with our departments, community partners, and local organizations, the Y created a weekend that truly celebrated belonging and well-being. One participant shared:

"All I can say is WOW! Every staff member I encountered was smiley, patient, encouraging, and uplifting. I was really blown away by the genuine care and attentiveness of the staff. Thanks for a fantastic weekend full of fun memories for families!"

Thank you to everyone who helped make this celebration possible. We are truly Greater Together!



On August 14, adults (18+) from our 2SLGBTQ+ community gathered for a Be You Paint Night at the Y. With coffee, tea, and plenty of creativity, participants painted beautiful sunset scenes while building meaningful connections. Events like this remind us that the YMCA is a place where everyone belongs.







YMCA CANADA LAUNCHES **GREATER TOGETHER CAMPAIGN**



The YMCA of Greater Moncton is proud to stand with YMCAs across Canada in the launch of Greater Together. This campaign celebrates the impact of the Y—where people connect, belong, and discover their potential. As a charity, we're committed to ensuring everyone has access to transformative programs. With your support, lives are changed every day. Together, we are truly greater. You can watch the full campaign video here: https://youtu.be/EorAf7hLrHY



July to September 2025



BREAKING DOWN BARRIERS WITH FINANCIAL ASSISTANCE

At the YMCA of Greater Moncton, we believe finances should never be a barrier to belonging. That's why Financial Assistance has always been available for those who would benefit from joining the Y.

For the second year in a row, we are proud to share that our Family Memberships through Financial Assistance are being supported by the Medavie Foundation. This generous partnership allows families to receive up to 80% off membership fees, opening doors to swim lessons, fitness centres, group fitness, gym time, and more.

With this support, more families are able to connect, grow, and thrive together in a safe and welcoming environment. We're grateful to Medavie Foundation for helping us make sure families across our community can enjoy the full YMCA experience—because we are all Greater Together.

For more information about our Financial Assistance program, please visit our Welcome Desk or explore details online at https://moncton.ymca.ca/join-they/financial-assistance/



THANK YOU, MEMBERS!



On August 11, we marked Members Appreciation Day at the YMCA of Greater Moncton with special sweet and healthy snacks to brighten our members' day. It was a small way to say thank you for being at the heart of our community.

YMCA MARCHES WITH **PRIDE**



On Saturday, August 9, 2025, the YMCA of Greater Moncton proudly joined the Moncton River of Pride Parade. The celebration kicked off at 2 p.m. on Main Street, beginning at Foundry Street and concluding at Downing Street.

Every year, marching in Pride is our way of celebrating inclusion, standing in solidarity with our 2SLGBTQ+ community, and showing that the Y is a place where you can truly be yourself.

Our YMCA of Greater Moncton crew was also excited to share cards for our Be You program, now held every Wednesday from 6:30 to 8:30 p.m. at Vaughan Harvey.



MOBILE FUN EXTENDED!

October 18, Saturday at Knox Park from 2:00pm to 4:00pm. See you there!

Upcoming Events and Celebrations

- Women's History Month
- October 13 Thanksgiving Day
- October 31 Halloween

November

- November 2 End of Daylight Savings
- November 11 Remembrance Day
- November 20 Diwali

December

- December 2 Giving Tuesday
- December 25 Christmas Day
- December 26 Boxing Day



SENSORY FRIENDLY HOURS AT YMCA MONCTON NORTH

From August 8 to 29, the YMCA Moncton North offered Sensory Friendly Hours every Friday from 1:00 to 3:00 p.m. This dedicated time created a calmer environment with reduced noise and distractions. making the fitness centre more welcoming for those who benefit from a quieter setting.

The initiative received positive feedback from participants, highlighting the importance of inclusive programs that ensure everyone can feel comfortable and supported while pursuing their wellness goals.

ADULT DAY PROGRAM ART AUCTION

Thanks to the incredible generosity of our community, we exceeded our fundraising goal for the Adult Day Program Art

Auction by 7%! Every dollar raised supports programs that provide adults with exceptionalities a safe, supportive, and enriching environment. On behalf of our participants and staff

—thank you for helping us shine on.





