

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         |                            |                              |                                             |                                             |                                              |                                                            |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|------------------------------|---------------------------------------------|---------------------------------------------|----------------------------------------------|------------------------------------------------------------|
| <div><div><div><div><div><div></div><div>Greater Moncton</div></div><div>Shine On</div></div><div><div>YMCA of Greater Moncton</div><div>70 Twin Oaks Dr E1G 0A1</div><div>YMCA du Grand Moncton</div><div>70 prom Twin Oaks E1G 0A1</div></div></div><div><div>infone@ymcamoncton.ca / www.ymcamoncton.ca</div><div>Tel/Tél: (506) 857-0606 / Fax: (506) 859-8198</div></div><div><div><div>f</div>@YMCAmoncton</div><div><div>ig</div>@ymcagreatermoncton</div><div><div>@</div>@ymcagreatermoncton</div></div></div></div> |                                                                                                                                                                                                                                                                                                                                                                                                                     | <div><div>2025 Program Schedule</div><div>Sept 2 - Dec 14</div><div>*The program schedule is subject to change at any time without notice.</div></div>                                                                                                                                           |                                                            | <div><div>2025 Horaire des programme</div><div>2 sept - 14 dec</div><div>*l'horaire du programme peut changer sans préavis.</div></div>                 |                            |                              |                                             |                                             |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                     | <div><div>Hours of Operation</div><div>6:30am - 8:00pm Monday - Friday</div><div>8:30am - 8:00pm Saturday - Sunday</div><div>9:00am - 5:00pm Holidays</div></div>                                                                                                                                |                                                            | <div><div>Heures d'ouverture</div><div>6h30 - 20h00 lundi - vendredi</div><div>8h30 - 20h00 samedi - dimanche</div><div>9h00 - 17h00 congés</div></div> |                            |                              |                                             |                                             |                                              |                                                            |
| <div>A physical copy of a valid Government-issued Photo ID is required for everyone 18 and over. This includes Public Swims and Day-Pass purchases / Une copie papier d'une pièce d'identité avec photo émise par le gouvernement est requise pour toute personne de 18 ans et plus, y compris pour les séances de natation libre et les laissez-passer d'un jour.</div>                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         |                            |                              |                                             |                                             |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                     | Monday<br>Lundi                                                                                                                                                                                                                                                                                  | Tuesday<br>Mardi                                           | Wednesday<br>Mercredi                                                                                                                                   | Thursday<br>Jeudi          | Friday<br>Vendredi           | Saturday<br>Samedi                          | Sunday<br>Dimanche                          |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <div><div>MONCTON</div></div>                                                                                                                                                                                                                                                                                                                                                                                       | <div>In partnership with the City of Moncton, all Friday and Saturday Day Passes are only \$5 for those aged 12-18! Grâce à un partenariat avec la Ville de Moncton, forfait d'une journée du vendredi et du samedi sont offerts au coût de 5 \$ seulement pour les jeunes de 12 à 18 ans!</div> |                                                            |                                                                                                                                                         |                            |                              |                                             |                                             |                                              |                                                            |
| P                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Basketball (Ages 12+ / 12+ ans)<br>Basketball is Participant Led                                                                                                                                                                                                                                                                                                                                                    | 6:30a-8:45a<br>1:30p-3:00p                                                                                                                                                                                                                                                                       | 6:30a-7:30a<br>1:30p-2:45p<br>5:30p-6:15p                  | 9:00a-10:00a<br>11:30a-12:00p                                                                                                                           | 6:30a-7:30a<br>1:30p-2:45p | 6:30a-8:45a<br>10:45a-11:45a | 8:45a-10:00a<br>12:30p-2:15p<br>5:00p-7:45p | 10:30a-12:45p                               | Sports & Recreation                          |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Basketball: Open Family (Ages 2+ / 2+ ans)<br>Basketball is Participant Led                                                                                                                                                                                                                                                                                                                                         | 6:30a-8:45a                                                                                                                                                                                                                                                                                      | 6:30a-7:30a                                                |                                                                                                                                                         | 6:30a-7:30a                | 6:30a-8:45a                  | 8:45a-10:00a                                |                                             |                                              |                                                            |
| √ \$                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Basketball 3v3 Tournament                                                                                                                                                                                                                                                                                                                                                                                           | Outdoor at the North End YMCA: Saturday Sept 27 (Rain Date is Sept 28) at 8:30am<br>Division 1: Ages 12-14 and Division 2: Ages 15-18                                                                                                                                                            |                                                            |                                                                                                                                                         |                            |                              |                                             |                                             |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Badminton (Ages 12+ / 12+ ans)<br>Badminton is Participant Led                                                                                                                                                                                                                                                                                                                                                      | 5:45p-7:45p                                                                                                                                                                                                                                                                                      |                                                            | 6:45a-8:45a                                                                                                                                             | 5:45p-7:45p                |                              | 2:30p-4:45p                                 | 1:00p-2:45p                                 | Group Fitness /<br>Conditionnement de groupe |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Badminton (Ages 18 an up only / À partir de 18 ans seulement)<br>Badminton is Participant Led                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         |                            |                              |                                             | 5:15p-7:45p                                 |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Pickleball (Ages 12+ / 12+ ans)<br>Pickleball is Participant Led                                                                                                                                                                                                                                                                                                                                                    | 9:00a-12:00p                                                                                                                                                                                                                                                                                     | 7:30a-9:30a                                                | 1:15p-3:30p                                                                                                                                             | 7:30a-9:30a                | 9:00a-10:30a<br>12:00p-3:00p |                                             |                                             |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Table Tennis (Ages 12+ / 12+ ans)<br>Table Tennis is Participant Led                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         |                            |                              |                                             | 8:45a-10:15a                                |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Volleyball (Ages 12+ / 12+ ans)<br>Volleyball is Participant Led                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         |                            |                              |                                             | 3:00p-4:50p                                 |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Group Active                                                                                                                                                                                                                                                                                                                                                                                                        | 12:15p-1:15p                                                                                                                                                                                                                                                                                     |                                                            |                                                                                                                                                         |                            |                              |                                             |                                             | Courses /<br>Cours                           |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Group Centergy                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                  | 12:15p-1:15p                                               |                                                                                                                                                         |                            |                              |                                             |                                             |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Tabata                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                  |                                                            | 12:15p-1:00p                                                                                                                                            |                            |                              |                                             |                                             |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Yoga                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         | 12:15p-1:15p               |                              |                                             |                                             |                                              |                                                            |
| √ \$                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Courses / Cours                                                                                                                                                                                                                                                                                                                                                                                                     | Emergency First Aid with CPR -C, three courses: Starts Oct 20, Nov 22, and Dec 15                                                                                                                                                                                                                |                                                            |                                                                                                                                                         |                            |                              |                                             |                                             |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                     | Red Cross Babysitting Courses (Ages 11-15) at North End Y Sept 13, Oct 4, and Nov 10                                                                                                                                                                                                             |                                                            |                                                                                                                                                         |                            |                              |                                             |                                             |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                     | Stay Safe Courses (Ages 9-12) at the North End Y Sept 26, Oct 25, and Nov 21                                                                                                                                                                                                                     |                                                            |                                                                                                                                                         |                            |                              |                                             |                                             |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | YMCA Afterschool Programs                                                                                                                                                                                                                                                                                                                                                                                           | Spaces available. Register now!                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         |                            |                              |                                             |                                             |                                              | Child & Youth Programs / Programmes pour jeunes et enfants |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Art Hub / Carrefour des arts (Ages 2-12 / 2-12 ans)                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                  | 5:15p-6:15p                                                |                                                                                                                                                         |                            |                              |                                             |                                             |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Chess (Ages 5+ / 5+ ans)                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         |                            |                              |                                             | 5:30p-6:30p                                 |                                              |                                                            |
| √ \$                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Expanding Potential Workshop                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         | 6:00p-8:00p                |                              |                                             |                                             |                                              |                                                            |
| √ \$                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Karate (Ages 7+ / 7+ ans) White Belt and up                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                  |                                                            | 6:00p-7:00p                                                                                                                                             |                            | 6:00p-7:00p                  | 10:15a-11:15a                               |                                             |                                              |                                                            |
| √ \$                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Karate (Ages 7+ / 7+ ans) Orange Belts and up only                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                  |                                                            | 7:00p-8:00p                                                                                                                                             |                            | 7:00p-8:00p                  |                                             |                                             |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Kinder Karate (Ages 4 -7 + / 7+ ans)                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         |                            |                              | 11:15a-12:15p                               |                                             |                                              |                                                            |
| P                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Play Pals (Ages 0-5) / Copains jeu (0-5 ans)                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                  |                                                            | 10:15a-11:15a                                                                                                                                           |                            |                              |                                             |                                             |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Y Kids Move (ages 5-12 / 5-12 ans)                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                  | 6:30p-7:45p                                                |                                                                                                                                                         |                            |                              |                                             |                                             |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                     | 4:45p-5:30p<br>Sports                                                                                                                                                                                                                                                                            | 3:00p-5:30p<br>Sports                                      | 3:45p-5:30p<br>Gym Games                                                                                                                                | 3:00p-5:30p<br>Sports      | 4:45p-5:30p<br>Sports        |                                             |                                             |                                              |                                                            |
| √                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Youth Connections (Ages 12-17) / Carrefour Jeunesse (12-17 ans)                                                                                                                                                                                                                                                                                                                                                     | 4:00p-8:00p<br>Youth Room                                                                                                                                                                                                                                                                        | 4:00p-8:00p<br>Youth Room<br>5:30p-7:30p<br>Fitness Centre | 4:00p-8:00p<br>Youth Room                                                                                                                               | 4:00p-8:00p<br>Youth Room  | 4:00p-8:00p<br>Youth Room    |                                             |                                             |                                              |                                                            |
| F P                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Indoor Splashpad and Playground (All ages) / Parc d'eau et aire de jeux intérieurs (tous âges)                                                                                                                                                                                                                                                                                                                      | 8:00a-7:45p                                                                                                                                                                                                                                                                                      | 8:00a-3:15p<br>4:45p-7:45p                                 | 8:00a-10:00a<br>11:30a-7:45p                                                                                                                            | 8:00a-3:15p<br>4:45p-7:45p | 8:00a-7:45p                  | 8:30a-10:45a<br>12:15p-2:15p<br>3:45p-7:45p | 8:30a-10:45a<br>12:15p-2:15p<br>3:45p-7:45p |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | The Splashpad is available for group bookings. On occasion we may need to interrupt regular programming for a group booking. We apologize in advance should this happen. / Les jeux d'eau sont disponibles pour les réservations de groupe. À l'occasion, il se peut que nous devions interrompre la programmation régulière pour une réservation de groupe. Nous nous excusons à l'avance lorsque cela se produit. |                                                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         |                            |                              |                                             |                                             |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Public can access indoor splashpad and playground times (above) for only \$6! <b>Government Photo ID required for those 18 and over.</b> / Les membres du public peuvent utiliser les jeux d'eau et le terrain de jeux intérieur le nombre de fois indiqué ci-dessus au coût de 6 \$ seulement! <b>18 et plus doivent présenter une carte d'ID photo du gouvernement.</b>                                           |                                                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         |                            |                              |                                             |                                             |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         |                            |                              | 11:00a-12:00p                               | 11:00a-12:00p                               |                                              |                                                            |
| √ \$                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Birthday Parties (60 minutes indoor splashpad and playground and 60 minutes Community room) / Fêtes d'anniversaire (60 minutes dans l'aire de jeux d'eau et au terrain de jeux intérieurs et 60 minutes dans la salle communautaire)                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         |                            |                              | 12:00p-1:00p                                | 12:00p-1:00p                                |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         |                            |                              | 2:30p-3:30p                                 | 2:30p-3:30p                                 |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                  |                                                            |                                                                                                                                                         |                            |                              | 3:30p-4:30p                                 | 3:30p-4:30p                                 |                                              |                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Walking Track (FREE) / Piste de marche (GRATUITE)                                                                                                                                                                                                                                                                                                                                                                   | 6:30a-7:45p                                                                                                                                                                                                                                                                                      | 6:30a-7:45p                                                | 6:30a-7:45p                                                                                                                                             | 6:30a-7:45p                | 6:30a-7:45p                  | 8:30a-7:45p                                 | 8:30a-7:45p                                 |                                              |                                                            |

P = Parent Participation / Participation Parentale  
√ = Sign-up required / Pré-inscription requise  
F = Fee for Non-Members / Coût pour les personnes non membres  
\$ = Additional Cost / Coût additionnel  
Y = Youth Participation is permitted with a parent/guardian / Les jeunes sont les bienvenus, accompagnés d'un parent/tuteur

