



154th YMCA Greater Moncton Annual General Meeting

Moncton, NB – April 24, 2025

The YMCA of Greater Moncton hosted its 154th Annual General Meeting (AGM) at the YMCA Moncton North location, gathering board members, staff, volunteers, community partners, and government officials for an evening of reflection, recognition, and renewed commitment to community wellness.

The event marked a significant milestone in the YMCA's history, highlighting continued growth and deepening community impact. This year, the YMCA proudly surpassed 8,200 active members, reflecting the trust the community places in its inclusive programs and services. From health and fitness to child care and outreach initiatives, the YMCA continues to evolve to meet the needs of individuals and families across the region.

Board Chair Marilou Savoie opened the evening with words of gratitude and pride. "We've seen tremendous growth—not only in our numbers but in the way we've touched the lives of people in our community," she said. She extended sincere thanks to the YMCA's staff, volunteers, and community partners, emphasizing that the Y is more than a gym—it's a place where connections are made, families are supported, and lives are transformed.

Zane Korytko, CEO of the YMCA of Greater Moncton, delivered a heartfelt report on the organization's progress and future direction. He emphasized that the YMCA's mission-driven approach is rooted in values, equity, and collective impact. "Beyond the numbers, it's about the individuals whose lives we're changing every day," he noted. A major highlight was the dedication of volunteers, who contributed nearly 10,000 hours this past year to support programs and services that enrich the lives of so many.

Zane also acknowledged the YMCA's government and community partners in attendance, recognizing the essential role they play in sustaining and expanding the Y's reach. Without these collaborations, he noted, the YMCA would not be able to serve the community at its current scale.

Looking ahead, the YMCA of Greater Moncton remains committed to building a stronger, healthier community through its diverse programs and welcoming spaces. The AGM served as a powerful reminder of what's possible when people come together with shared purpose.

For more details on the YMCA's impact and achievements, visit our website to view the full Annual Report.



Back to the 80s: Volunteer Appreciation Night

We turned up the neon and danced the night away at our 80s-themed **Volunteer Appreciation Night!** It was a celebration of the incredible people who give their time to support the YMCA and our community. Special recognitions went to: **Jane Wood (5 years)**, for her fun and energetic Cyclefit classes; **Hope Goodine-Manaigre and Amy St. Thomas (10 years)**, our Zumba power duo; **Lucien Pomar (10 years)**, for leading Bushido Karate; and **Giselle Stiles (30 years)**, a fitness icon and true inspiration. Thank you to all our volunteers—you make the Y shine every day!



All Staff In-service Meeting

On April 21, 2025, YMCA Greater Moncton locations closed to allow all staff to come together for a full-day **in-service training**. The day focused on The Y Way, our values-based approach to service excellence, team building, and strengthening communication across departments. A special highlight was guest speaker **Cheyenne Joseph, RN, MPH**, who shared valuable insights on Indigenous health and community. Her presence encouraged deeper understanding and inclusion. Staff left the day feeling empowered, connected, and better equipped to create meaningful moments for our members and support a stronger, healthier community.

Shine On Greater Moncton Newsletter

January to April 2025

Battle of the Brains 2025: A Night of Trivia and Community Impact



On Saturday, March 15, 2025, the YMCA of Greater Moncton hosted the 22nd Annual Battle of the Brains presented by Baker Tilly—and what a night it was! The event brought together 31 teams of trivia enthusiasts for a high-energy evening filled with laughter, brainpower, and community spirit. Congratulations to this year's champions, **Nav Canada Squawk Savants**, who claimed the title after 10 intense rounds of trivia!

We extend our heartfelt thanks to **all participating teams** for bringing their A-game and helping us raise vital funds for YMCA Outreach initiatives, mainly the **ReConnect Program**.

A special thank you goes out to our **Title Sponsor Baker Tilly**; as well as our **Premier, Category, Trivia, and generous In-Kind Sponsors** whose support made this event possible. We also thank our amazing **media partners** and dedicated event photographer, **Daniel St. Louis**, for capturing the night's best moments.

The YMCA is deeply grateful for the continued community support that allows us to make a difference in the lives of others. Until next year—keep those brains sharp!



Be You Bash: A Safe Space to Celebrate You

At the Be YOU Bash, 26 youth came together to celebrate their authentic selves through fun, connection, and meaningful activities. The event created a safe, inclusive space for self-expression and community. A touching highlight was hearing parents thank YMCA staff for offering such a positive experience. Their gratitude was a powerful reminder of how programs like this not only uplift youth, but also strengthen families and foster a more supportive, understanding community.



Sing it On Turns One: A year of Music, Joy and Community

The YMCA Greater Moncton proudly celebrated the first anniversary of Sing It On—a heartwarming drop-in program held every Thursday from 3:15 to 4:15 PM at the Vaughan Harvey location. This unique program invites participants to sing along to their favourite songs in a welcoming, feel-good environment.

To mark the milestone, participants filled the building with timeless classics, bringing smiles to members, staff, and everyone passing through the doors. The energy was uplifting—and a reminder of the power of music to connect and heal.

Here's what regular participants had to say:

"It is very good for my mental health. When I'm here singing, I don't think of anything else. It feels like family." – Noel

"It makes me smile and feel happy. Sing It On is special because Eli makes it special." – Sharon

"I love all the people here, and singing with everyone makes me smile." – Joanie

Come join the chorus!

Exciting Updates at YMCA Vaughan Harvey: New Spaces, New Energy



The YMCA Vaughan Harvey has undergone exciting renovations to enhance the member experience and strengthen community connections.

One major update is the new **CycleFit Room**, now located across from the front desk. A dedicated space for indoor cycling, members can enjoy energizing workouts in a motivating environment, whether they're beginners or seasoned riders.

Another highlight is the revamped **Community Room**, a bright and welcoming space designed to host various programs, workshops, and group activities. This newly refreshed area supports inclusive programs and provides room for connection and creativity among participants.

These changes reflect the YMCA's commitment to supporting the well-being of our members—mind, body, and spirit. By improving both fitness and community spaces, YMCA of Greater Moncton continues to serve as a vibrant hub for health and belonging.

Upcoming Events and Activities

May Asian Heritage Month
Jewish Heritage Month

11 - Mother's Day
19 - Victoria Day

June Pride Month
8 to 22 - Annual Pool Maintenance
16 to 19 - Men's Plus Maintenance
23 - **FIRST DAY OF CAMP!**

July
1 - **CANADA DAY!**

Give the Gift of Camp



This May, the YMCA of Greater Moncton is launching its Give the Gift of Camp campaign to **help 30 kids experience the joy of summer camp**—free of barriers. With your support, we'll provide access to camp for children who face financial, transportation, or cultural challenges. Camp builds confidence, friendships, and resilience, and for many, **it's only possible with your help**. Every donation brings a child closer to outdoor fun, discovery, and belonging. Let's give kids the chance to shine bright this summer. Donate today at moncton.ymca.ca or scan the QR code.

YMCA Summer Day Camp Registration is Now Open!



Get ready for a summer of fun, adventure, and new friendships! Weekly themes, outdoor play, and creative activities await. Spots are limited and fill fast—don't miss out!



Member Swim

Make a Splash with Member Swim!

Starting May 1st, members can enjoy dedicated swim time every **Saturday from 6:30 PM to 7:45 PM**. It's the perfect way to unwind, stay active, and enjoy the pool in a relaxed environment. Don't forget your swim caps—see you in the water!