



Shine On

YMCA of Greater Moncton

30 War Veterans Ave E1C 0B3

YMCA du Grand Moncton

30 Ave des Anciens Combattants E1C 0B3

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@YMCAmoncton



@ymcagreatermoncton



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2024 Program Schedule

Jan 6 - Mar 2

*The program schedule is subject to change at any time without notice.

Hours of Operation

5:30am - 10:00pm Monday - Friday
7:00am - 10:00pm Saturday - Sunday
9:00am - 5:00pm Holidays

2024 Horaire des programme

6 jan - 2 mars

*l'horaire du programme peut changer sans préavis.

Heures d'ouverture

5h30 - 22h00 lundi - vendredi
7h00 - 22h00 samedi - dimanche
9h00 - 17h00 congés

A physical copy of a valid Government-issued Photo ID is required for everyone 18 and over. This includes Public Swims and Day-Pass purchases / Une copie papier d'une pièce d'identité avec photo émise par le gouvernement est requise pour toute personne de 18 ans et plus, y compris pour les séances de natation libre et les laissez-passer d'un jour.

Table with columns for days of the week (Monday to Sunday) and rows for various activities including Basketball, Badminton, Pickleball, Sing It On, Volleyball, Barre Intensity, Chair Yoga, Cyclefit, Focus on Healing, Group Active, Group Blast, Group Centergy, Group Fight, Group Power, Line Dancing, Pound, Prime Time Aerobics, Prime Time Socials, Super Flex & Tone, Tabata Training, Tai Chi, Yoga Flow, Y Step, Zumba, Adult Swim Lessons, Teen Swim Lessons, Open Therapy Swim, Ai Chi, Aquafit, Aqua Jog, Aqua Hydro Circuit, Aqua Yoga, Aqua Zumba, Lane Swimming Drop-in, Public Swim, Courses, Art Hub, Basketball, Be You, Birthday Parties, Childminding, Karate, Parent and Tot Swim, Play Pals, Soccer, Swim Lessons, Tween Zone, Y Kids Move.

Legend

- ✓ = Sign-up required / Pré-inscription requise
\$ = Additional Cost / Coûts additionnel
F = Fee for Non-Members / Coût pour les personnes non membres
P = Parent Participation / Participation Parentale
PNR = Parents not required in facility / Parent non exigés
Y = Youth Participation is permitted with a parent/guardian / Les jeunes sont les bienvenus, accompagnés d'un parent/tuteur



- Other Rooms /Autres salles
Main Gym / Gymnase principal
Cyclefit Studio / Studio de véloforme
Upstairs Studio /Studio du 2e
Main Pool / Piscine principale
Therapy Pool / Piscine thérapeutique
Play Pool / Pataugeuse