

YMCA SWIMMING LESSON SCHEDULE – Fall 2024

HORAIRE DES COURS DE NATATION YMCA

	Monday lundi	Tuesday mardi	Wednesday mercredi	Thursday jeudi	Friday vendredi	Saturday samedi	Sunday dimanche
Pre-school Swimming Lessons / Cours de natation pré-maternelle							
Splashers / Bubblers <i>Éclabousseurs - Tourbillons</i> Age 6 months + / 6 mois + <i>*Parental participation required</i> <i>/ Participation parentale requis</i> *	10:45a-11:15a 5:05p-5:35p 5:40p-6:10p	4:30p-5:00p		6:15p-6:45p		9:00a-9:30a 9:35a-10:05a	9:35a-10:05a 10:10a-10:40a
Bobbers / Floaters <i>Méduses / Flotteurs</i> Age 3+ / 3+ ans <i>*Parental participation required</i> <i>/ Participation parentale requis</i>	4:00p-4:30p 5:05p-5:35p 6:50p-7:20p	10:45a-11:15a 4:30p-5:00p 5:40p-6:10p 6:15p-6:45p	10:45a-11:15a 4:30p-5:00p 5:40p-6:10p 6:50p-7:20p	10:45a-11:15a 3:30p-4:00p 4:30p-5:00p 5:05p-5:35p 5:40p-6:10p		9:35a-10:05a 10:45a-11:15a 11:55a-12:25p 1:05p-1:35p	9:00a-9:30a 9:35a-10:05a 10:45a-11:15a 11:55a-12:25p 1:05p-1:35p
Gliders / Divers <i>Glisseurs / Plongeurs</i> Age 3+ / 3+ ans	4:30p-5:00p 6:15p-6:45p	11:15a-11:45a 5:05p-5:35p 6:50p-7:20p	11:15a-11:45a 5:05p-5:35p 6:15p-6:45p	6:15p-6:45p 6:50p-7:20p		10:10a-10:40a 11:20a-11:50a 12:30p-1:00p 1:40p-2:10p	11:20a-11:50a 12:35p-1:05p
Surfers / Jumpers <i>Surfeurs - Petits Baigneurs</i> 5 years and completed Divers / Doit être 5 ans et avoir réussi le niveau Plongeurs	11:15a-11:45a	5:40p-6:10p	4:00p-4:30p	11:15a-11:45a 5:40p-6:10p		1:40p-2:10p	9:35a-10:05a 1:05p-1:35p
Learn to Swim Lessons (school-age) / Cours de natation (âge scolaire)							
Otter <i>Loutres</i>	4:30p-5:00p 5:40p-6:10p 6:15p-6:45p 6:50p-7:20p	5:05p-5:35p 6:15p-6:45p 6:50p-7:20p	4:30p-5:00p 5:05p-5:35p 5:40p-6:10p 6:15p-6:45p	4:00p-4:30p 4:30p-5:00p 5:05p-5:35p 5:40p-6:10p 6:50p-7:20p		9:00a-9:30a 9:35a-10:05a 10:10a-10:40a 11:20a-11:50a 11:55a-12:25p 12:30p-1:00p 1:00p-1:30p	9:00a-9:30a 10:10a-10:40a 10:45a-11:15a 11:20a-11:50a 12:30p-1:00p 1:05p-1:35p
Seal <i>Phoques</i>	4:30p-5:00p 5:20p-5:50p	4:30p-5:00p 5:05p-5:35p 6:15p-6:45p	5:05p-5:35p 6:15p-6:45p 6:50p-7:20p	4:30p-5:00p 5:05p-5:35p 6:15p-6:45p 6:50p-7:20p		9:00a-9:30a 10:10a-10:40a 10:45a-11:15a 12:25p-12:55p 1:05p-1:35p	10:10a-10:40a 11:55a-12:25p 12:30p-1:00p
Dolphin <i>Dauphins</i>	5:05p-5:35p 6:15p-6:45p 6:50p-7:20p	5:20p-5:50p 5:40p-6:10p 6:50p-7:20p	4:30p-5:00p 5:40p-6:10p	5:05p-5:35p 6:15p-6:45p		9:00a-9:30a 10:10a-10:40a 10:45a-11:15a 11:20a-11:50a 11:55a-12:25p 1:40p-2:10p	10:45a-11:15a 12:05p-12:35p
Swimmer <i>Nageurs</i>	5:40p-6:10p 7:00-7:30p	5:40p-6:10p 6:15p-6:45p 6:50p-7:20p	4:30p-5:00p 6:10p-6:40p 6:50-7:20p	4:30p-5:00p 5:40p-6:10p 7:00p-7:30p		9:35a-10:05a 10:45a-11:15a 11:20a-11:50a 11:55a-12:25p 12:30p-1:00p 1:05p-1:35p	9:00a-9:30a 11:30a-12:00p
Star 1 <i>Étoile 1</i>	4:30p-5:15p 5:55p-6:40p	5:20p-6:06p	4:30p-5:15p	4:30p-5:15p		9:50a-10:35a 12:30p-1:15p	9:00a-9:45a 10:40a-11:25a
Star 2 <i>Étoile 2</i>	4:30p-5:15p	4:30p-5:15p	5:05p-5:50p	5:20p-6:05p		10:45a-11:30a	9:50a-10:35a
Star 3 <i>Étoile 3</i>	5:20p-6:05p	4:30p-5:15p	5:20p-6:05p			1:30p-2:15p	11:10a-11:55a
Star 4 <i>Étoile 4</i>	6:10p-6:55p	5:55p-6:40p	5:55p-6:40p	6:10p-6:55p		11:35a-12:20p	12:00p-12:45p
Star 5 <i>Étoile 5</i>	7:35p-8:20p	6:45p-7:30p	6:45p-7:30p			9:00a-9:45a	12:45p-1:30p
Star 6 <i>Étoile 6</i>	6:45p-7:30p		6:45p-7:30p			1:20p-2:05p	
Teen Swimming Lesson <i>Ages 13-17yrs.</i>		7:30p-8:30p					
Intro to Competitive Swimming <i>Initiation à la natation de compétition</i>		6:30p-7:30p					
Bronze Star <i>Étoile de bronze</i>				6:30p-7:30p			
Private Swim Lessons <i>Cours de natation privés</i>	<i>Please contact the Aquatic Department for times and availability.</i> <i>Pour plus d'information, veuillez contacter le bureau des activités aquatiques.</i>						
Aquatic Leadership Courses <i>Certifications aquatiques</i>	<i>Please contact the Aquatic Department for times and availability.</i> <i>Pour plus d'information, veuillez contacter le bureau des activités aquatiques.</i>						

* Children under 12 years old must be signed in and signed out by their parent or guardian.

* Les parents doivent signer à l'entrée et à la sortie de leurs enfants de moins de 12 ans qui suivent des leçons avec un instructeur.