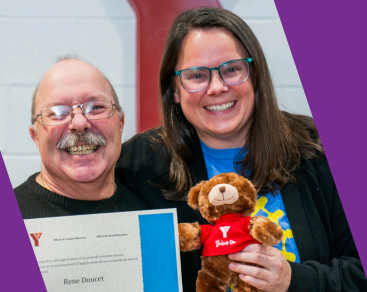




**AGM Recap,  
 YMCA Moncton North  
 Weekend Hours  
 Extension, Volunteer  
 Event, and More!**



**153rd  
 Annual  
 General  
 Meeting**



The YMCA of Greater Moncton recently concluded its 153rd Annual General Meeting, marking another successful year of community engagement and growth. The event showcased achievements in partnerships, community programs, and membership stability. Gratitude was extended to staff, volunteers, members, donors, and partners for their unwavering support. Speakers shared inspiring stories, underscoring the YMCA's impact on individuals' lives. A highlight was the launch of the Shine On initiative, aiming to empower individuals and enrich the community. The meeting also marked the transition in leadership, with Marilou Savoie announced as the new Chairperson. Held at the YMCA Moncton North location, the meeting saw approximately 100 attendees. For a comprehensive overview of the YMCA's impactful endeavors in 2023, access the annual impact report on our [website](#).

**Introducing the YMCA  
 Moncton North Weekend  
 Hours Extension Pilot  
 Program**

Exciting news! Starting May 18, 2024, we're extending our weekend hours until 8 pm instead of 5 pm, offering additional programs like Youth Basketball on Saturdays and Adult Badminton on Sundays. This pilot program will run for six weeks and may continue if deemed effective in serving our members.

**21st YMCA Battle of the Brains**

Thank you to all those who made the 21st edition of YMCA Battle of the Brains a success! NBCC Team Community Knowledge took home the title of biggest brains and record funds of \$44,000 were raised in support of YMCA homelessness initiatives. In 2023, YMCA ReConnect assisted in housing 90+ individuals and diverted 59 individuals from entering homelessness. Proceeds from the event will ensure the YMCA continues to positively impact our community and support those who need it most.



*In this photo: the 21st Battle of the Brains Winners - NBCC Team Community Knowledge*

Want to be a part of next year's event? Save the date – March 15, 2025! You can also provide support by making a gift today: [Donation page \(ymca.ca\)](#).

**Member Highlights!**



Meet Lana Lewis, a dedicated YMCA member for 19 years. Lana utilizes the gym as part of her physiotherapy routine, relying on the exercise bike and weight machines. Despite being in a wheelchair since September 1997, Lana has made exercise a crucial aspect of her life.

At 27, Lana faced a life-threatening situation when an A.V.M. behind her left ear caused damage to her cerebellum. Despite medical predictions that she would not make it, Lana defied the odds, emerging from a coma after five weeks and spending six months in the hospital.

Lana's remarkable progress astounds doctors, who credit her consistent gym attendance for her resilience. She has been a gym-goer since age 14 and, at 55, the YMCA remains her longest-standing gym. Lana praises the staff for their excellence.

Moreover, Lana leads a group at the YMCA every second Saturday and enthusiastically recommends it to all age groups. She is certain that her journey at the YMCA will persist.

We are honored to share Lana's story, hoping it inspires fellow members on their fitness journeys.

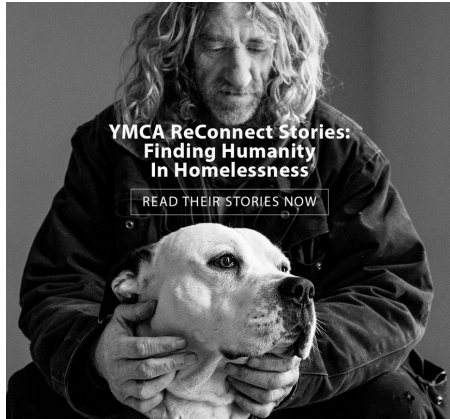
**Meet Our  
 Maintenance and  
 Housekeeping  
 Team!**



Committed to maintaining cleanliness and hygiene standards, this team ensures that every corner of our facilities is well-maintained. From ensuring equipment is in top condition to keeping facilities well-organized, they do their best to upkeep everything. With attention to detail and a passion for excellence, they work tirelessly but always have a good SMILE to create a welcoming and safe environment for our members and guests.

# Shine On Greater Moncton Newsletter

April 2024



## YMCA ReConnect Stories: Finding Humanity In Homelessness

Discover eye-opening stories of those facing homelessness through our ReConnect Program. Some tales echo loss, misfortune, and injustice, while others radiate hope, courage, and community. Each story reflects life's unpredictability and the daunting challenges overcome for a better future.

By embracing these narratives, understanding grows about the complexity of homelessness in Moncton. We invite you to join us in acknowledging these realities and supporting our efforts to combat homelessness.

We invite you to listen to these stories through this link: <https://moncton.ymca.ca/about-us/ymca-reconnect-stories-finding-humanity-in-homelessness/>

## Community Connection: Celebrating Volunteer Excellence



Last April 13th, we expressed our heartfelt gratitude to our dedicated volunteers by organizing a Volunteer Banquet in their honor. This event was our way of acknowledging the invaluable contributions of our volunteers, who generously devote their time and skills to create a positive impact in our community. Additionally, we had the privilege of honoring our long-term volunteers through service awards, including:

### 5 years of Service

Cheryl Coates, Aquatics  
Samantha Almeida, Adult Day Program  
Erica Almeida, Adult Day Program  
Ian Owens, Group Fitness Instructor  
Tracey MacDonald, Group Fitness Instructor

### 10 Years of Service

Rene Doucet, Community

### Not present at the Event

Chad Peters – Board – 5years  
Darcy Doyle – Board – 5 years  
Anne Basque – Foundation Board – 15years  
Glendon Gorham – Group Fitness Instructor – 20years

Their commitment and dedication truly exemplify the spirit of service that lies at the heart of our organization

## Secure Your Future!!

Join us May 22nd for an informative session on Personal Retirement and Financial Assessment – How To? Led by Nadine Leger CFP®, RIS, Financial Planner with UNI Wealth Management this session will provide tools and empower you to take control of your financial future.

For more information, please contact Bonnie MacFadyen, VP Philanthropy [bonnie.macfadyen@ymcamoncton.ca](mailto:bonnie.macfadyen@ymcamoncton.ca)



## YMCA Charity Golf Classic

Join us on June 20, 2024 at Moncton Golf Club for a day of camaraderie and golf! Your participation will not only make for enjoyable day on the green but also directly contribute the YMCA and its mission.

For information on how to play, sponsor or donate please contact Bonnie MacFadyen at [bonnie.macfadyen@ymcamoncton.ca](mailto:bonnie.macfadyen@ymcamoncton.ca)

