

YMCA SWIMMING LESSON SCHEDULE – Fall 2021

HORAIRE DES COURS DE NATATION YMCA

	Monday lundi	Tuesday mardi	Wednesday mercredi	Thursday jeudi	Friday vendredi	Saturday samedi
Pre-school Swimming Lessons / Cours de natation pré-maternelle						
Splashers / Bubblers Éclabousseurs - Tourbillons Age 6 months + / 6 mois + <i>*Parental participation required</i> <i>/ Participation parentale requis</i> *	6:00p-6:30p	11:15a-11:45a 4:50p-5:20p		10:15a-10:45a 5:35p-6:05p		9:00a-9:30a
Bobbers / Floaters Méduses / Flotteurs Age 3+ / 3+ ans <i>*Parental participation required</i> <i>/ Participation parentale requis</i>	4:15p-4:45p 5:25p-5:55p	10:15a-10:45a 5:25p-5:55p	3:30p-4:00p 4:15p-4:45p 5:25p-5:55p	5:00p-5:30p		9:35a-10:05a 10:45a-11:15a 11:55a-12:25p 1:05p-1:35p
Gliders / Divers Glisseurs / Plongeurs Age 3+ / 3+ ans	4:50p-5:20p 6:00p-6:30p	4:15p-4:45p	4:50p-5:20p 6:00p-6:30p	5:35p-6:05p		10:10a-10:40a 11:20a-11:50a 12:30p-1:00p 1:40p-2:10p
Surfers / Dippers Surfeurs - Petits Baigneurs 5 years and completed Divers / Doit être 5 ans et avoir réussi le niveau Plongeurs		5:25p-5:55p		5:00p-5:30p		1:40p-2:10p
Learn to Swim Lessons (school-age) / Cours de natation (âge scolaire)						
Otter Loutres	4:15p-4:45p 4:50p-5:20p 5:25p-5:55p 6:50p-7:20p		4:50p-5:20p 5:25p-5:55p 6:50p-7:20p			9:00a-9:30a 9:35a-10:05a 10:10a-10:40a 11:20a-11:50a 11:55a-12:25p 12:30p-1:00p 1:05p-1:35p
Seal Phoques	4:15p-4:45p 4:50p-5:20p 6:00p-6:30p		4:15p-4:45p 4:50p-5:20p 6:00p-6:30p			9:00a-9:30a 10:10a-10:40a 10:45a-11:15a 12:30p-1:00p 1:05p-1:35p
Dolphin Dauphins	4:15p-4:45p 5:25p-5:55p 6:35p-7:05p		4:15p-4:45p 5:25p-5:55p 6:00p-6:30p			9:00a-9:30a 9:35a-10:05a 10:10a-10:40a 10:45a-11:15a 11:20a-11:50a 11:55a-12:25p 12:30p-1:00p 1:40p-2:10p
Swimmer Nageurs	4:50p-5:20p 5:25p-5:55p 6:35p-7:05p		4:50p-5:20p 5:25p-5:55p 6:35p-7:05p			9:35a-10:05a 10:45a-11:15a 11:20a-11:50a 1:05p-1:35p 2:00p-2:30p
Star 1 Étoile 1	4:00p-4:45p 6:00p-6:45p		4:00p-4:45p 6:00p-6:45p			9:50a-10:35a 1:10p-1:55p
Star 2 Étoile 2	4:50p-5:35p 6:35p-7:20p		4:50p-5:35p 6:35p-7:20p			10:45a-11:30a 1:40p-2:25p
Star 3 Étoile 3	5:40p-6:25p		5:40p-6:25p			11:35a-12:20p 2:00p-2:45p
Star 4 Étoile 4	6:30p-7:15p		6:30p-7:15p			12:20p-1:05p
Star 5 / 6 / 7 Étoile 5 / 6 / 7	6:35p-7:20p		6:35p-7:20p			9:00a-9:45a
Lifesaving Rescue Club				6:00p-7:15p		
Intro to Competitive Swimming			7:15p-8:30p (Sr. Group)	5:00p-6:00p (Beginner Group)		
Private Swim Lessons / Cours de natation privés	<i>Please contact the Aquatic Department for times and availability. Pour plus d'information, veuillez contacter le bureau des activités aquatiques.</i>					
Aquatic Leadership Courses / Certifications aquatiques	<i>Please contact the Aquatic Department for times and availability. Pour plus d'information, veuillez contacter le bureau des activités aquatiques.</i>					

* Children under 10 years old must be signed in and signed out by their parent or guardian.

* Les parents doivent signer à l'entrée et à la sortie de leurs enfants de moins de 10 ans qui suivent des leçons avec un instructeur.

* We ask that each swimmer come dressed and ready to get in the pool. This will help to reduce the amount of time spent in the changing rooms.

* Veuillez vous présenter en tenue de bain afin d'utiliser les vestiaires le moins possible.