



YMCA of Greater Moncton
70 Twin Oaks Dr E1G 0A1

YMCA du Grand Moncton
70 prom Twin Oaks E1G 0A1

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2021 Program Schedule

September 7 - October 31

*The program schedule is subject to change at any time without notice.

Hours of Operation

September 7 - October 3

8:00am - 10:00pm Monday - Sunday

October 4 - October 31

6:00am - 8:00pm Monday - Sunday

9:00am - 5:00pm Holidays

2021 Horaire des programme

7 Septembre - 31 Octobre

*l'horaire du programme peut changer sans préavis.

Heures d'ouverture

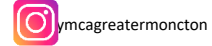
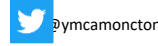
7 Septembre - 3 Octobre

8h00 - 22h00 Lundi - Dimanche

4 Octobre - 31 Octobre

6h00 - 20h00 Lundi - Dimanche

9h00 - 17h00 congés



	Monday Lundi	Tuesday Mardi	Wednesday Mercredi	Thursday Jeudi	Friday Vendredi	Saturday Samedi	Sunday Dimanche	
Sports	Basketball (Ages 12+ / 12+ ans)	6:00a-8:00a 8:00a-10:00a 11:00a-1:30p 8:00p-10:00p	7:00a-8:00a 8:00a-8:45a 10:00a-12:00p 1:30p-4:00p 8:00p-10:00p	7:30a-8:00a 8:00a-12:00p 8:00p-10:00p	6:00a-8:00a 8:00a-10:00a 11:00a-12:00p 1:30p-4:00p 8:00p-10:00p	6:00a-8:00a 8:00a-8:45a 10:15a-1:30p 8:00p-10:00p	6:00a-8:00a 12:00p-3:00p 3:00p-8:00p 8:00p-10:00p	6:00a-10:00a 8:00a-10:15a 12:00p-3:00p 3:00p-5:45p 8:00p-10:00p
	Badminton (Ages 12+ / 12+ ans)	5:45p-7:45p						
	Volleyball (Ages 12+ / 12+ ans)						6:00p-8:00p	
Group Fitness	Bootcamp		6:30a-7:00a					
	Group Active			12:15p-1:15p				
	Group Centergy		12:15p-1:15p	6:15a-7:15a		9:00a-10:00a		
	Pound				6:00p-6:45p Starts Sept 16			
	Soulbody Zenburn				12:15p-1:00p			
	Tabata Training / Entraînement Tabata		9:00a-9:45a					
	Zumba				7:00p-8:00p		8:45a-9:45a 10:30a-11:30a Starts Oct 3	
v \$ Courses / Cours	Red Cross Babysitting Courses (Ages 11-15). One course; December 3rd from 9:00a-3:00p Stay Safe Courses (Ages 9-12). Two courses; November 19th and December 10th from 9:00a-3:00p							
\$ Introduction to Karate (Ages 6+ / 6+ ans)						10:00a-10:45a White Belts only		
\$ Kinder Karate (Ages 4-7 / 4-7 ans)						11:00a-11:45a		
\$ Karate (Ages 7+) / (7+ ans)	Intro to Karate only. Other belts allowed but class will concentrate on beginners		6:00p-7:00p White belt and up	7:00p-8:00p Green Belts and up only	6:00p-7:00p Yellow Belts and up only 7:00p-8:00p Green Belts and up only			
Kinder Fun Fit Splashpad (Ages 3-5)		8:45a-10:15a			8:45a-10:15a			
Y Kids Move (ages 5-12 / 5-12 ans)		5:45p-7:00p						
v \$ Youth Connections Club (Ages 12-17) / Club Carrefour Jeunesse (12-17 ans)		6:00p-7:00p Weight Room						
	4:00p-5:45p Badminton	4:00p-5:45p Sports	4:00p-5:45p Gym Games	4:00p-5:45p Basketball	4:00p-5:45p Volleyball			
	6:00p-8:00p Free space		6:00p-8:00p Free space		6:00p-8:00p Free space			
	Late Night Basketball: Sept 17 and Oct 22							
F P Indoor Splashpad and Playground (All ages) / Parc d'eau et aire de jeux intérieurs (tous âges)	6:00a-8:00a 8:00a-8:00p 8:00p-10:00p	6:00a-8:00a 8:00a-8:45a 10:15a-2:30p 4:30p-8:00p 8:00p-10:00p	6:00a-8:00a 8:00a-10:00a 11:00a-8:00p 8:00p-10:00p	6:00a-8:00a 8:00a-2:30p 4:30p-8:00p 8:00p-10:00p	6:00a-8:00a 8:00a-8:45a 10:15a-5:00p 5:00p-8:00p \$3.00 8:00p-10:00p \$3.00	6:00a-8:00a 8:00a-10:45a 12:15a-2:15p 3:45p-8:00p 8:00p-10:00p	6:00a-8:00a 8:00a-10:45a 12:15a-2:15p 3:45p-8:00p 8:00p-10:00p	
The Splashpad is available for group bookings. On occasion we may need to interrupt regular programming for a group booking. We apologize in advance when this happens. / Les jeux d'eau sont disponibles pour les réservations de groupe. À l'occasion, il se peut que nous devions interrompre la programmation régulière pour une réservation de groupe. Nous nous excusons à l'avance lorsque cela se produit.								
Public can access indoor splashpad and playground times (above) for only \$5! Government Photo ID required for those 18 and over. / Les membres du public peuvent utiliser les jeux d'eau et le terrain de jeux intérieur le nombre de fois indiqué ci-dessus au coût de 5 \$ seulement! 18 et plus doivent présenter une carte d'ID photo du gouvernement.								
The outdoor playground may be available when YMCA Afterschool children are not using it. Contact Membership Services for more details. / Il est permis d'utiliser le terrain de jeux extérieur lorsque les enfants du Programme de garde après l'école du YMCA ne l'utilisent pas. Pour plus d'information, communiquez avec les Services aux membres.								
v \$ Birthday Parties (60 minutes indoor splashpad and playground and 60 minutes Community room) / Fêtes d'anniversaire (60 minutes dans l'aire de jeux d'eau et au terrain de jeux intérieurs et 60 minutes dans la salle communautaire)						11:00a-12:00p 12:00p-1:00p	11:00a-12:00p 12:00p-1:00p	
						2:30p-3:30p 3:30p-4:30p	2:30p-3:30p 3:30p-4:30p	
Walking Track (FREE) / Piste de marche (GRATUITE)	6:00a-8:00a 8:00a-8:00p 8:00p-10:00p	6:00a-8:00a 8:00a-8:00p 8:00p-10:00p	6:00a-8:00a 8:00a-8:00p 8:00p-10:00p	6:00a-8:00a 8:00a-8:00p 8:00p-10:00p	6:00a-8:00a 8:00a-8:00p 8:00p-10:00p	6:00a-8:00a 8:00a-8:00p 8:00p-10:00p	6:00a-8:00a 8:00a-8:00p 8:00p-10:00p	

Child & Youth Programs / Programmes pour jeunes et enfants

P = Parent Participation / Participation Parentale
√ = Sign-up required / Pré-inscription requise
F = Fee for Non-Members / Coût pour les personnes non membres
\$ = Additional Cost / Coût additionnel

Main Gym / Gymnase principal
Multi-Purpose Room / Salle polyvalent
Community Rooms / Salle communautaire
Indoor Splashpad and Playground / Parc d'eau intérieur et aire de jeux

v3

Wanted: Program volunteers in the areas of Table Tennis, Group Fitness, youth leaders, mentors, and much more. Inquire at volunteer@ymcamoncton.ca

Bénévoles recherchés pour les programmes suivants : tennis de table, conditionnement physique de groupe, jeunes leaders, mentors et bien plus encore. Info: volunteer@ymcamoncton.ca