

## Frequently Asked Questions

1. How do I register for a group fitness class, therapy swim, lane swim, or youth programs?  
Please visit the [YMCA Program Schedule](#), as dryland Group Fitness classes, Aquatic Group Fitness, and Open Therapy Swims do not require pre-registration and are first come first serve. Lane swims and youth programs do require pre-registration. You can reserve a space on-line. If you need help or having difficulty reserving a space on line, please call 506-857-0606 for assistance.

Please be patient as some classes and spaces may fill up. We suggest being prepared to participate in other activities if this happens.

2. When can I reserve a space for lane swims or youth programs?  
Registration will open at 10am the day before it's scheduled to start.

3. How many classes and spaces can I reserve in a day?  
We are asking members to limit classes and activities to one per day, except lane swims. Since they are in 30-minute blocks, you can reserve two per day.

If you are registered in multiple classes or activities in one day, we will keep the earliest booking and remove any additional bookings.

4. Should I cancel my space if I can't make it?  
Yes, please call us at 506-857-0606 to cancel your space if you cannot attend. Others may be waiting.

5. Can I be in the same lane or therapy pool space as my family member or bubble family?  
Please keep to your designated lane, therapy pool space, and group fitness space. If lane swims are full you can share it with one other family member to a max of two per lane.

6. Can I use equipment?  
To start, a very limited amount of equipment will be available for all activities. We need everyone to clean and sanitize equipment before and after use. You will need to bring your own yoga mats, basketballs, and rackets.